UNIVERSITY of Western Sydney’s psychology clinic at Milperra has waived fees until the end of the year in a bid to help more people use its services.

The unit is operated by senior psychology students under the supervision of professors.

Dr Kathryn Nicholson Perry, who heads the university’s psychology program, said there was a scope of treatments available at the clinic.

“People may decide to visit the clinics if they have a low mood that they cannot seem to shake, if they are struggling with some persistent fears, or if they are having problems in their relationships,” Dr Nicholson Perry said.

“People may also come to the clinics if they are trying to adjust to a health problem like cancer or if they have concerns about their levels of drinking. Parents may also bring their children for an assessment if they are concerned about their progress at school.”

Dr Nicholson Perry said the “extremely common” problems should still be addressed even though many people think they may not think they were serious enough to warrant a consultation with a psychologist.

The clinic specialises in psychological, psychometric and behavioural assessments as well as cognitive behavioural treatment programs. Patients do not need a referral from their GP to receive treatment. The clinic is at Bullecourt Ave, Milperra.