

## Aspire Workshops

### Year 1

Presenter: Avril Henry, HR Revelations

- Workshop #1: Communication Styles
- Workshop #3: Leadership Revelations
- Workshop #4: Working as a Team

Presenter: Stuart Nelson, The Business Etiquette Consultancy

- Workshop #2: Business Presentation and Etiquette

### Year 2

Presenter: Avril Henry, HR Revelations

- Workshop #5: Media Relations
- Workshop #6: Problem Solving and Critical Thinking
- Workshop #7: Writing for Business

Elective Module#1: Public Speaking

### Year 3

Presenter: Avril Henry, HR Revelations

- Workshop #8: Career Development Planning
- Workshop #9: Negotiation Skills
- Elective Module #2: Entrepreneurship